

PHILOSOPHY & METHODS OF TRAINING RACEHORSES

Owner/Trainer Elite 310 Class to be held at Lone Star Park

April 1st, 2nd & 3rd, 2011

CLASS INFORMATION: For owners and trainers interested in the philosophy of training racehorses and a comparison of various training methods. Also for anyone considering buying into a racing partnership or investing in a racehorse.

Friday : 1:30 to 6:00 PM. Saturday 8:00 AM to 5:00 PM; Sunday 8:00 AM to 4:00 PM

Sunday's class will include a portion of the **Fasig-Tipton Texas Two-year Old in Training Sale** workout show that starts at 10:00 AM.

INSTRUCTOR: Dr. C. Reid McLellan, Executive Director of The Elite Program, Inc. & instructor of Groom Elite classes & Trainers' Exam Prep Classes around the country. Dr. McLellan founded an award winning BS degree college program in which seniors were licensed as racehorse trainers; trained racehorses for 8 years & taught youngest son who was assistant trainer for Rachel Alexandra through Kentucky Oaks; taught weeklong trainer's clinic in Manila, Philippines and Groom Elite 101 in Trinidad-Tobago; wrote curriculum for North America Racing Academy (Chris McCarron Jockey School) and, as Racing Education Manager for Sam Houston Race Park wrote popular tip sheet "Purple Power".

TUITION: \$300. Includes morning coffee and doughnuts. Study Guide Notebook, DVD of hoof care and other materials. (Previous Trainers' Exam Prep Class Students receive \$50 off tuition. (Includes those paying tuition for this year's TEXP class at Lone Star April 6-8.)

Class size is limited so register early. For more information or to register and pay tuition online (saving \$20) go to www.purplepowerracing.com or call 859-321-4377

CLASS OUTLINE

<p>I. Introduction</p> <ol style="list-style-type: none">1. Definitions2. Terminology3. Training Methods Defined<ol style="list-style-type: none">a. Conventionalb. Intervalc. Quarter Horse <p>II. Anatomy</p> <ol style="list-style-type: none">1. Skeleton2. Muscles3. Connective tissue <p>III. Body Systems</p> <ol style="list-style-type: none">1. Circulatory – Blood tests & heart rate2. Respiratory – Bleeding & Lasix3. Digestive	<p>IV. Training Philosophy</p> <ol style="list-style-type: none">1. Training Horse's Mind2. Training Cardio vascular system3. Training Muscles4. Training Bones <p>V. Rules of Racing for Owners & Trainers</p> <ol style="list-style-type: none">1. Acquiring a racehorse2. Daily Routine3. The Condition Book and working with the Racing Office4. Workmen's comp and managing employees <p>VI. Options for post-racing life</p>
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